



theMillwatermag

Your FREE monthly magazine of all things Millwater

Dec 2014/Jan 2015

Bumper 40 page issue!

Merry Christmas & Happy New Year

- Christmas recipes
- BBQ's, boats & more
- Gutter Kitties
- Where Do You Think You Are - The Final Part
and so much more!

INTERVIEW WITH Grayson & Sarah

Circulation is 2000 print copies

Editorial contributions are free from cost. Advertising starts at \$60+gst.
Contact Sarah on 0274 440044 or themillwatermag@gmail.com

Introduction



Editing this Christmas and New Year issue has made me think even more about the Millwater community that we serve and has made me pause, to count my blessings. "Christmas is coming and the goose is getting fat..." goes the old nursery rhyme. How many can remember the last line? That's really where the Christmas message is! We are extremely fortunate to live in this fabulously friendly neighbourhood and it might be all too easy to forget those who are less fortunate. Why not take five minutes to think – and then decide on an act of kindness that will brighten the Christmas of those whose lives are less happy?

As 2014 draws to a close, we at the magazine are delighted with the response we have received since the first issue in August and it seems that the formula must be getting pretty close to what you want to see. One thing has been missing, though, and that is your feedback via the magazine. It is very pleasing therefore to be able to publish the first item to our Letters Page. As you will see, this underlines the kind of people that we have in Millwater – the best kind! There is now a new, monthly award for the best "Good Neighbour", so don't forget to write to the Editor! This magazine is read also by people planning to move here and we are even starting to get feedback from our soon-to-be neighbours.

The New Year will bring new opportunities for many and new neighbours, too! Don't forget to take time to welcome newcomers and tell them about Millwater. Tell them about your favourite pub, your favourite restaurant, favourite walks, where to find the yummiest ice cream – and don't forget to tell them how proud we all are to live here. The best way to have good neighbours is to be good neighbours, so don't wait to take the initiative by offering your new neighbour a welcoming hand or cuppa.

Christmas often sees the last of the regular rain, so, when you are celebrating and maybe trying out one of our fabulous Christmas recipes, don't forget the garden needs a drink, too. And talking of drink, don't forget to leave out a dram for Santa Claus! There are many to choose from and some are mentioned in this issue.

The Millwater street-naming story concludes with part 3 in this issue and we are again grateful to Brandmad/Millwater Marketing for the background details.

Finally, from all the team at **theMillwatermag**, have a wonderful Christmas and New Year. Our wish for you is that you all be happy and healthy – nothing else really matters.

Brian Mullan
Editor
Dec 2014/Jan 2015



theMillwatermag

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the Millwater interview

Grayson & Sarah Furniss - Mike Pero Real Estate

Moving from one secure career in accounting and finance and another in teaching, to starting up in real estate, needs a clear head and a commitment to planning for the future – and that's exactly what Grayson and Sarah Furniss decided to do. Grayson, having gained his real estate qualifications meantime, cut his real estate teeth for over two years with one of the larger national brands before making the next logical career move – to buying their own franchise in 2011.



It was after seeing an interview on TV of Mike Pero that they looked more closely at what this new, innovative and exciting real estate personality could offer that others could not and what would be the clear advantages. Grayson made a point of meeting Mike Pero himself and the more that he and Sarah looked and learned, the more they liked the clarity and ethos of the Mike Pero brand. It fitted really well with their own personal views on how sellers and buyers should be treated – with the utmost honesty, fairness and always with top quality service.

The decision-making process also had a more personal focus: they have a daughter, with whom they wanted to spend more time than two separate and full-time careers would have allowed. Owning your own business can allow a degree of time-flexibility that the 9 to 5 office or classroom teacher environment does not. They now have an even stronger family and business bond, with these two parts of their lives being interdependent and inseparable. This personal commitment follows through into the way that they deliver their real estate service to the customer.

Grayson and Sarah decided to move from Birkdale to Millwater, because they recognised straight away that this is the place to be; great neighbourhood with excellent schools, infrastructure and atmosphere. In short, a terrific place for families and people at all stages of their lives. In Millwater, it seems that age or generation differences don't matter at all and, most of all; it is safe for children to play outside.

Sarah gained her formal real estate qualifications in March of this year, so as to be better able to take on more responsibility for their business, especially with her deepened knowledge of the legal side of buying and selling. The local Mike Pero Silverdale business is run today on a work-from-home basis but Grayson and Sarah will open a brand new office in Millwater Central in December or January (depending on building completion).

This new Mike Pero office will provide the opportunity to add one or two new members of staff, but, before you rush to apply, you need to know that they are looking only for like-minded and customer-focussed people! Grayson and Sarah treat real estate transactions in the same way that they treat each other: with honesty and fairness, no shortcuts or compromises, and most of all with determination to show that the service doesn't stop when the contracts are signed. Each start-to-end transaction is personalised to the individual buyer or seller. Grayson prides himself in being present personally at open homes and not delegating to others. Sarah provides both real estate and personalised administrative support to the business, ensuring that nothing gets missed in delivering total satisfaction from their own business, of which they both can be justifiably proud.

Part of Grayson's and Sarah's focus on community commitment was starting [theMillwatermag](#) in August this year, believing that the new and vibrant Millwater community would benefit from and enjoy a locally-focussed information service. The positive feedback has shown that, once again, Grayson and Sarah have hit the nail squarely on the head!



safercommunities



PREVENTION FIRST

Police would like to advise the public with summer fast approaching, some simple crime prevention guidelines may prevent you from becoming a victim of crime.

Install good quality locks and use them!

Lock the front door if you're in the back garden

Lock your house if you are having a rest or inside concentrating on other tasks

Lock your garden sheds and garages

Sensor lights are excellent security devices

Guard your keys; don't leave personal details on your keys

Inform your neighbours if you are going away

If you're out with friends, look after each other and ensure that everyone gets home safely and that you have a sober driver if you are travelling by vehicle.

Park your car in a well lit, busy area. Always lock your car and don't leave valuables such as mobile phones, wallets, GPS units and handbags on display.

Police would also like to remind the community that education facilities are closed for school holidays, so please keep an eye out for any suspicious behaviour in and around school grounds.

If you think someone is committing a crime, or property or people are in danger, dial 111 immediately.

REPORT ANY SUSPICIOUS BEHAVIOUR!!!

Police now have a Crime Reporting Line (CRL) that provides victims of historic and non-emergency crime (such as a house burglary while on holiday, or an overnight car break-in discovered in the morning) with the ability to report their incident by phone, rather than having to report in person to a Police station. Phone any Police station and get transferred to the Crime Reporting Line.



Constable Antony SEARLE

Orewa Community Constable | Rodney | New Zealand Police

P +64 9 426 4555 Extn: 96649 | M +64 21 191 4452 | E asz183@police.govt.nz

Orewa Police Station, 4 Riverside Road, Orewa, PO Box 50, Orewa, www.police.govt.nz

Safer Communities Together



lettertotheeditor

Dear Editor,

Having lived in Millwater for some time, we have found it to be one of the most special communities in Auckland. Our two girls have a fabulous social life, with great friends, play dates and pizza parties! My husband and I have also made lovely friends and adore the community spirit.

I enjoy reading the Millwater Families' Facebook page, but do find on the odd occasion that some may be quicker to point out the negative rather than the positive.

So...I wanted to write in to the Millwater Magazine on a positive note and mention how fabulous our neighbours are. Although we love you all very much (you know who you are), there is one neighbour in particular that I wanted to mention, as I think they are deserving of a "Millwater Neighbour Award"! Reuben and Jyoti on Moores Road are the kindest, most giving, happiest neighbours I have ever come across. Reuben goes over and above the neighbour call of duty, checking up on me when my husband is away on work, always calling by with delicious food, offering car rides and pulling us all together as a street....and this is always done with a HUGE smile on his face! My two girls hit the nail on the head the other

day, when they both randomly said "Reuben is so, so, so nice, he really is"!

So, Reuben and Jyoti, thank you! We are so thrilled to have you as neighbours and also as our friends! Here's to many more years of street parties, BBQ's, beers and fond memories.

Warm Regards

A very grateful family on Moores Road.

From the Editor: Great to get the first letter for the magazine, which is written in the community spirit of friendship that we try to set within our publication and which sets the tone for future letters (of which I hope there will be many). We like the suggestion of an award, which Grayson and Sarah have now instigated. Consequently, a local Silverdale jeweller has kindly sponsored a prize for the Good Neighbour of the Month. This special prize will be awarded every month – more news about this in the February issue!

gutterkitties- doing a great job caring for and re-homing abandoned cats



The relationship between pets and their owners is amazing. Respect for this bond is at the forefront of our approach to any treatment or decisions that are made while we have the privilege of caring for your pet. The other value we hold dear as a practice is that every animal deserves to be treated with respect and dignity.

With the above two values ingrained in our culture, it is not surprising that, when Danielle from "Gutter Kitties" approached us to see if we were interested in helping her out with her desire to set up a cat rescue and re-homing organisation, we jumped at the chance. The decision to help out was made even easier by the professional, caring, hardworking, responsible and pragmatic approach that Danielle seemed to have, to what is a very hard undertaking. It is a decision we have never regretted.

The work that Gutter Kitties does and the pleasure that families and the rescued cats get from the effort put in is fantastic.

I know that from personal experience, since a Gutter Kitty is the centre of attention in my son's family. The relationship between my grandchildren and "Bobby" is amazing to see. Bobby is a real gentle caring "dude" who interacts amazingly with the family. What a great life Bobby and the family are going to have together. What a different life Bobby is going

to have compared to what he would have had without Gutter Kitties.

If you would like to help Danielle out, donations for Gutter Kitties can be made at the Orewa Vet Centre.
Brett Finlayson BVSc MRCVS (Brett the Vet)



Bobby gently looking after my grandson Felix

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Where Do You Think You Are - Final Part

The names within Millwater

In this final element of the three-part look at Millwater naming, we take in the detail of the names used.

Seaview

Seaview is made up two family farms: **Bankside**, the lesser to the West, owned by the **Bartlett** family, and **Seaview**, the more dominant to the East, owned by the **Butler Stoney** family. William **Galbraith** was the first to own the land but Seaview was named by the next and main owner, **Major Henry Butler Stoney**, who hailed originally from **Portland Park** in Ireland, from where he emigrated with his wife Frances (or Fanny, as she was otherwise known). Their 4th son **Walter** ran the farm for many years, with his wife **Laura Jane (nee Fennell)**, a well known figure of the time. They were succeeded by their son **Vivian**, then grandsons James, **Desmond** and Keith, the most recent owners. The original Settlement still stands, near to where the main **Millwater** shopping area is being built, and is made up of a collection of buildings including the main homestead and nearby **Stables**, situated near the **Morton Bay Fig Tree**, planted by **Major Henry**, which is quite a fine specimen today.

After the early **Sawyers** milled the **Kauri**, the area became known as a rich source of **Copal** or Kauri gum, used for making varnish.

Jura was the name of the boat that the first settlers to the area arrived on. **Steamers** were used to transport the logs down river.

The Bankside farm hosted a large **Botanical** garden, planted in **Blackwood** and a **Citrus** orchard, close to the **Bull** paddock and original **Cottage**, which was replaced later by the **Bartlett** homestead following the marriage between the two families each side of the river.

Middens were also found on the shoreline of the Orewa River.

Ridgedale

This area was made up of multiple and numerous owners over time, so the geographical ridges and valleys formed the name. A common theme to the area however was the large stores of Gum following the Kauri felling, where numerous **Prospectors** made their fortune. Moa stones were also found in the low lying areas.

Family names of past owners or their children still found their place on main roads, greens or parks; while **Manuel** Road is one of the few roads to retain its original path, despite considerable reformation.

This area was also rich in vegetation where birdlife thrived, both European and natives

Bonair

The early settlers in this area were French, the **Croix** farming (**Fermier**) family, who named the farm **Bonair**. The view (**Vue**) looked north east past large flower gardens (**Fleur Jardin**). A number of Family names have also been retained. The first commercial **Sawmill** was also located here, near Stella Maris School.

Arran Hills / Arran Point

The road naming is yet to be completed, but will retain the same methods of using significant family or geographical references.

There are many other names that were put forward. However, many did not pass the approval criteria set by RDC, in particular being 'same or similar' to existing road names in the District.

We hope that this 3-part journey through the history of the Millwater street names has been both informative and entertaining.

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Tailor-made Hair by Tayla

Top stylist Tayla Carpenter has followed her dream by opening her own hairdressing salon in early December at Silverdale – conveniently right next door to the new Northern Union bar and bistro.



Because her name, Tayla, is so close in sound to the word "tailor", her brand new business will appropriately be called "Tayla'd Styling".

The business may be brand new but the experience of Tayla and Roxanne is solidly grounded in professional qualifications. Roxanne was apprenticed to Tayla for 3 years and, after just a year away, realised her opportunity and has rejoined Tayla in the new venture in Silverdale.

Tayla skated for the Kapiti Coast Skating Team representing her town in roller-skating and in-line skating throughout New Zealand and also trained in Australia. Her natural ability meant that she was always the one to be called upon to do the "hair-ups" for the girls – because, when she did them, the hair stayed up! This was followed by professional training at Hairdressing College, transitioning quickly with experience all the way to salon management with major franchise operators.

Since moving to Red Beach with her family 18 months ago and settling her young son into Red Beach School, Tayla has operated a rent-a-chair hairdressing service in Brown's Bay; all the while planning on opening her own business to accommodate her rapidly expanding and loyal client base. That plan becomes a reality in early December.

Tayla'd Styling will open six days Monday to Saturday with one late week-night. The salon is not just for the ladies – men and boys are welcome and there are deals for seniors, too! Tayla and Roxanne will offer high quality, creative, professional styling and some of the friendliest service anywhere. You can chat with ease about what you would like in the way of hairdressing – all the way from a simple trim to a complete styling change.

So, why not plan to drop in for a free consultation and a coffee and meet the great new team at Tayla'd Styling?

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Valencia Pine T.V unit

2 Drawer

110cmW x 40cmD x 49cmH



Honey or
Walnut colour

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Valencia Pine Television unit

1 Drawer

100cmW x 45cmD x 69cmH



Honey or
Walnut colour

our Price \$299- ea

Valencia Pine corner T.V unit

2 Door, 1 Drawer

117cmW x 54.5cmD x 75cmH



Honey or
Walnut colour

our Price \$339- ea

Valencia NZ Pine Treasure chest

105cmW
x 45cmD
x 50cmH



Honey or
Walnut colour

our Price \$199- ea

Madrid Lead Light Glass display Cabinet

56cmW
x 42cmD
x 130cmH



Honey or
Walnut colour

our Price \$289- ea

Alex Lead Light Pine Display Cabinet with 4 doors

115cmW
x 35cmD
x 208cmH



Honey colour
our Price

\$499- ea

Valencia Pine Television unit

4 Drawers

150cmW x 49cmD x 49cmH



Honey or
Walnut colour

our Price \$279- ea



Alex Lead Light Pine Display Cabinet with 4 doors

2 drawers
115cmW
x 35cmD
x 208cmH

Honey colour
our Price

\$499- ea

Mountain Pine wardrobe

100cmW
x 57cmD
x 190cmH



Honey or
Walnut colour
our Price

\$599- ea

Honey or
Walnut colour



Valencia Pine 5 Drawer scotch chest

86cmW
x 42cmD
x 110cmH

our Price

\$375- ea



Valencia Pine 7 Drawer chest

60cmW
x 42cmD
x 137cmH

Honey or
Walnut colour
our Price

\$419- ea

Valencia pine 6 drawer Buffet

150cmW x 52cmD x 82cmH



Honey or
Walnut colour
our Price

\$475- ea

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Valencia Pine side table

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Honey or
Walnut colour
our Price \$149- ea

**Valencia pine Buffet unit
2 doors, 6 drawers**

150cmW x 52cmD x 82cmH



Honey or
Walnut colour

our Price \$399- ea

**Colorado Corner Glass
pine display cabinet
with 1 doors**

1 drawer
77cmW
x 52cmD
x 211cmH

Honey or
Walnut colour
our Price

\$412- ea


Valencia Pine Coffee Table

4 Drawers
110cmW x 60cmD x 45cmH



Honey or
Walnut colour
our Price \$299- ea

**Milford pine
Bookcase**

90cmW
x 27cmD
x 180cmH



Honey colour
our Price

\$225- ea

Valencia Pine coffee table

2 Drawer
110cmW x 60cmD x 46cmH



Honey or
Walnut colour
our Price \$239- ea


**Alex Lead Light
Pine Display
Cabinet**

with 4 doors
2 drawers
103cmW
x 32cmD
x 180cmH

Honey colour
our Price

\$449- ea

**Aston Lead Light
Pine hutch
Cabinet**

with 4 doors
2 drawers
94cmW
x 43cmD
x 200cmH

Honey colour
our Price



\$399- ea

**Valencia Pine Bedside
Cabinet with
3 drawers**

54cmW
x 42cmD
x 71cmH

Honey or
Walnut colour

\$179- ea

2 @ \$149- ea



Honey or
Walnut colour


**Valencia Pine
6 Drawer
scotch
chest**

90cmW
x 42cmD
x 120cmH

our Price

\$395- ea

Valencia Pine Console Table

120cmW x 40cmD x 85cmH



Honey or
Walnut colour

our Price \$289- ea

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Sunglasses-SummerSense

With summer nearly here, it's the most important time of year to consider protecting our eyes from the sun and the ultraviolet radiation that is emitted in its rays. Most people are aware of the damage that UV can cause to our skin, but it can also have detrimental effects to the eyes and vision. Wearing a pair of sunglasses is like wearing sunscreen, so it's best to have a high eye protection factor (EPF) that will block more than 99% of the UV light, even on an overcast day.

A huge number of Kiwis have early UV-related changes to the front of their eyes. It's best to prevent this kind of damage and to stop these changes from progressing. A quality pair of sunglasses will also shield the delicate skin around the eye, which can easily be burned in the harsh sun we have here in New Zealand. UV light can also contribute to the development of conditions inside the eye, including cataracts and age-related macular degeneration. Both of these conditions cause an increase in sensitivity to glare, which is an additional reason to shelter the eyes from the bright rays outside.

Aside from the health benefits, sunglasses are extremely beneficial to vision on a bright summer's day, because they can block the distracting reflections that bounce off most surfaces. Keen boaters, skiers or people who drive a lot should also consider polarised lenses, which are specifically aimed at decreasing the reflections off the ocean, snow or road surface. There are many different styles available; from high-fashion designs to wraparounds for the more active individual – and most sunglasses can be fitted with prescription lenses, to give you the best balance of clear vision, eye protection and fashion.



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preventative nutrition is the key to keeping your cat healthy



Diet & disease...

High levels of carbohydrate in a cat's diet causes high blood sugar. The pancreas is overworked as it tries to manage this unnatural situation, potentially leading to burnout of insulin-producing cells, and **diabetes**.

Cats have a low thirst drive. They struggle to drink enough to make up for the lack of hydration in a dry diet. This chronic dehydration contributes to **Feline Lower Urinary Tract disease**. A diet with high moisture content is vital for avoiding this condition.

Crystals in the urine, bladder stones and cystitis are often diagnosed in cats. The most important preventative step is to feed your cat a high-moisture diet that will also promote correct acidity.

IBD (inflammatory bowel disease) often goes unnoticed. It is not normal for a cat to vomit regularly. Grumpy cats with swollen tummies, bouts of vomiting, diarrhoea or constipation, may have IBD.

We have an epidemic of **overweight cats**. Obesity can predispose to diabetes. Cats on grain-based diets will convert

and store the carbohydrates as fat. The 'light' diets have reduced fat, but increased grain/fibre, so an even higher level of carbohydrate is present – and the cat remains overweight! Cats lose weight easily on a species-appropriate, raw meaty bones diet.

Dental disease is a huge part of veterinary practice. Dry diets do not prevent dental disease. Shearing and tearing at a raw diet with those carnivorous jaws is the best way to keep your cat's teeth clean and gums healthy.

Prevention is the best cure...

Visit Raw Essentials Silverdale, where store manager and veterinary nurse Justine and her team will help you achieve the very best preventative nutrition for your cats and dogs: a well-planned, species-appropriate, raw diet!



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SUPforgrownupgirls



Long hot sunny days are just what you want if you are a fair-weather SUPer. When you have mastered your balance, you can paddle in almost any conditions with the right gear; that being a wetsuit and belt PFD (personal flotation device) if you plan to take an adventurous trip between bays.

Being a bit more of a fair weather paddler, I am aware that



rapidly-changing weather conditions must always be considered. Learning to get my balance, I spent many times face-planting the surf, eating and swallowing sand. Although by no means professional, I now pop my board on my car roof and head down to the beach or estuary for a bit of quiet time on the ocean. There are many other paddlers, so if I want to share the moment I can meet with one of the many SUP

groups nearby. There are also fitness classes run by Nic from SUP Shed in Orewa.

My daughter also loves this rapidly-growing sport and we paddle together as regularly as possible. With her being younger and far more nimble, she has opted for a board that is narrower and shorter and can handle a bit more like a surfboard if the waves are out there. Together, we both enjoy long leisurely paddles up the Orewa estuary as far as the waterfall, which is just beyond the Arran Road Bridge.

I would definitely encourage you to take up the challenge and give stand-up paddle boarding a go; don't let fear stop you. Summer is on our doorstep and there will be many of us out there for you to join or learn from. The joy of being on your board in the water with the sun beaming down is so glorious that you will most certainly be hooked and find yourself dreaming of your next paddling session.

By Caroline O'Reilly, local Millwater resident



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summerbarbecues

As the evenings get lighter and the weather gets warmer (hopefully), it's time to think about making the most of our outdoor space.

There is something about food cooking on a barbecue. It hardly seems to matter what you're cooking – it can be as plain as toast or the best culinary delights you can muster – the aroma will still draw you in. Al fresco dining is easy with a Weber barbecue; adding an enjoyable dimension and getting you out of the house into the open air, encouraging your appetite and an appreciation for the slower pace of life.

Weber barbecues are not just barbecues. These days, Webers can cook almost anything – and they need to. People still want to barbecue but they also want to sear, roast, bake, smoke and fry. The Gatmans Mowers&More team in Silverdale have set up a fantastic range of Weber barbecues and accessories in store, ready for the season.



Why are the majority of their sales the result of recommendations by customers who own a Weber? It's because people love the flavour of food cooked on a Weber. To experience Weber flavour, do yourself a favour and check out the Gatmans Mowers&More Weber cooking demonstrations – every Saturday from 11am to 2pm. You'll be amazed. Taste amazing barbecued steaks, roasts, pizzas and scones – all cooked to perfection. You can even take control of the tongs and cook your own steak!

Barbecuing and roasting with extraordinary flavour are hallmarks of the Weber brand. The Q series has been developed with a burner system that allows you to either barbecue (fat-free) without flare-ups or cook an amazing Weber roast. Every Weber gas barbecue comes with a revolutionary Flavorizer™ burner system that distinguishes Weber barbecues from the rest.

The Gatmans Mowers&More team in Silverdale will demonstrate how to cook the perfect steak or roast a beautiful Christmas turkey. Whether it's gas, charcoal or the latest Weber Q, they will provide the right answers to your questions.



weber Specialist

People who own a Weber Q simply rave about them. We hear it all the time. It's because you just can't beat the flavour of food barbecued to perfection. Grilling steaks, roasting whole joints of meat, even baking pizzas - all to perfection!

Specialist Dealer Model



Specialist Dealer Model
Pictured left. Weber Baby Q with high lid, thermometer & electronic ignition.
\$449

Specialist Dealer Model



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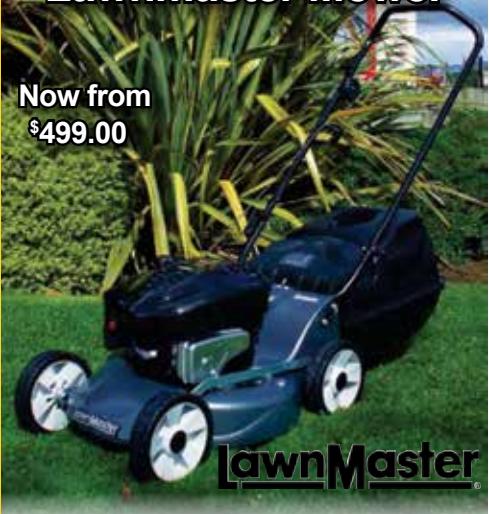
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SHARING PLATES 13.5 EACH

GNARLY CHICKEN WINGS (GF)

BRUSCHETTA | Cherry Tomato | Cream Cheese | Watercress Pesto | Balsamic Glaze (v)

Add Chorizo \$2.5

CAULIFLOWER FRITTERS | Tahini Mayo (v) (GF)

THREE CHEESE ARANCINI | Rustic Tomato Chutney (v)

SALT AND PEPPER SQUID | Polenta Crust | Charred Red Pepper Aioli **CD**

SMOKED FISH CAKES | Sea Lettuce Aioli

BEEF CHEEK | Cauliflower Puree | Rocket | Spiced Almond (GF)

TWICE COOKED PORK BELLY | Apple Slaw (GF)

SLIDERS x 3 | Add a Slider \$4

EXPRESS LUNCH

MONDAY – THURSDAY 13.95



BREADS

Roast Garlic Pizza Bread (v) **9.7**

Caramelised Onion and Rosemary Pizza Bread (v) **10.2**

Warm Handmade Ciabatta Loaf | Trio of Dips (v) **11.9**

PLATTERS

QUATTRO | Gnarly Chicken Wings | Salt and Pepper Squid | Cauliflower **47.0**

Fritters | Arancini

PIONEERING PLATTER | Chorizo | Salami | Seared Salmon | Salt and **59.0**

Pepper Squid | Chicken Wings| Mussels | Marinated Olives | Toasted Breads |

Assorted Dips

GARDEN GREENS 19.5

EPIC ROAST CHICKEN SALAD | Beans tossed with Olive Oil | Confit Garlic | Sweet Tomatoes | Bacon Chards (GF) **CD**

STICKY BEEF SALAD | Asian Salad | Crispy Noodles | Coconut | Chilli-lime Dressing

S&P SQUID SALAD | Shaved Fennel Celery Heart slaw | Citrus Marinade Yoghurt

SEARED SALMON SALAD | New Potatoes | Asparagus | Soft center egg | Carper dressing (GF)

BABY SPINACH SALAD | Roast Kumara | Quinoa | Crispy Fried Shallots | Mixed Seeds | Tahini Dressing (GF) (v)

ADD CHICKEN OR SALMON \$5.5

FROM THE CHAR GRILL

BONE IN SIRLOIN 350GM | NZ Angus Beef **33.9**

AGED EYE FILLET 200GM | Aged to perfection for minimum of 21 days; **34.9**

Tender Prime Cut

ANGUS PURE RUMP STEAK 300GM | 90 day grain fed and aged a **32.9**

minimum of 21 days for maximum tenderness

THE BEAST 400GM | Prime Steer Scotch Fillet Steak; **CD 44.5**
Grass Fed Boneless Prime Rib

NEW ZEALAND 1ST CLASS LAMB RUMP 250GM | Prime NZ **31.5**

Lamb from the Canterbury region

PORK CUTLET 250GM | Harmony Free Range NZ Pork **31.5**

MEALS FROM THE GRILL INCLUDE ONE OF THE FOLLOWING OPTIONS:

Big Chips | Coleslaw | Corn

Rosemary Potatoes | Bernaise | Sautéed Mushroom

Creamed Potato with Spring Onion | Seasonal Greens | Horseradish Cream

(v) – Vegetarian (GF) – Gluten Free CD – Signature Dish

MAINS

FISH 'N' CHIPS | Crisp Beer Battered Fish | Salad and Tartare **25.5**

RIB STACK | Big Chips | Corn and Coleslaw **27.5**

CRACKLED PORK BELLY | Roast Vegetables | Sweet Onion (GF) **28.5**

ROAST CHICKEN BREAST | Chorizo and Broad Bean Risotto **27.5**

MUSSELS AND BACON OPENED IN CIDER | Warm Crust Bread **CD 19.0**

ANGUS STEAK SANDWICH | Beer Battered Onion Rings w Big Chips **19.9**

THE NORTHERN BEEF BURGER | Cured Bacon | Aged Cheddar | Pickle w Big Chips **19.9**

UNION CHICKEN BURGER | Cured Bacon | Avocado | Tomato Chutney w Big Chips **19.5**

PENNE | Chicken and cured Bacon tossed with white wine cream sauce **22.0**

SEAFOOD SPAGHETTI | Garlic and Chilli oil | White Wine | Roquette | Mussels | Fish | Squid | Parmesan **24.0**

Extras \$7.5

Big Chips & Chicken Salt

Roast Kumara w Chilli & Coriander

Wilted Seasonal Greens

Bucket of Salad

MON 2 FOR 1 PIZZA

PIZZA

12 INCH \$22 16 INCH \$32

(All regular pizzas available on gluten free bases for an additional charge of \$3)

THE ITALIAN | Roasted Cherry Tomatoes | Fresh Basil | Mozzarella (v)

NO2 | Tandoori Chicken | Baby Spinach | Red Onion | Capsicum | Peanuts | Mint Yoghurt

GOURMET | Lamb | Feta | Caramelized Onion | Olives | Rosemary Roast Potato | Aioli

SPANISH FLAME | Chorizo | Salami | Pepperoni | Cherry Tomato | Hickory BBQ Sauce

EPIC | Chicken | Bacon | Mushroom | Parmesan | Charred Red Pepper Aioli

THE GOOD FELLA | Angus Beef | Caramelised Onion | Red Pepper | Artichoke | Mushroom | Béarnaise **CD**

DESSERTS 12.5

CITRUS CHEESECAKE JARS

VELVETY CHOCOLATE POTS | Brandy Cream (GF)

KNICKERBOCKER GLORY

CHOCOLATE STICKY TOFFEE PUDDING | Vanilla Bean Ice Cream **CD**

KIDS MENU 13.5

12 YEARS AND UNDER

(Water Buddies Drink + Ice Cream Sundae and Kids Pack included)

FISH AND CHIPS

GRILLED CHICKEN BREAST | Seasonal Greens

BANGIN BEEF BURGER | Chunky Chips

FISH FINGER SANDWICH

HAM AND PINEAPPLE PIZZA

SPAGHETTI | Chicken | Bacon

NO SURCHARGE Northern Union never charges a surcharge on public holidays

Are you a Community-Minded Person? If so, this could be for you....



The Hibiscus Coast Community Patrol is looking for Volunteer Patrollers. The HBC patrol area of responsibility ranges from Puhoi to Dairy Flat and Red Beach to Waitoki. However, normal directed patrols are nominally in the local Orewa/Millwater/Silverdale area.



Patrols are normally conducted on Friday and Saturday nights or when requested by NZ Police. Patrollers are normally rostered on for one 4-hour patrol per month which can always be changed to suit personal requirements. The Patrol is made up of approximately 20 patrollers, with 50 percent of our patrollers being female, so gender is no barrier. The minimum age for a patroller is 18 years and all patrollers must be in possession of a full driving licence and undergo a police check.

Patrollers are provided with training in observation, communications and first aid techniques and always patrol in pairs. All equipment is provided and patrols are conducted in a well-marked and well-maintained vehicle.

In addition to the night patrols, day patrols are currently conducted on Fridays. However, as summer approaches, we would like to expand the day patrols to other days. We are community-minded people who care about their community and the safety of others.

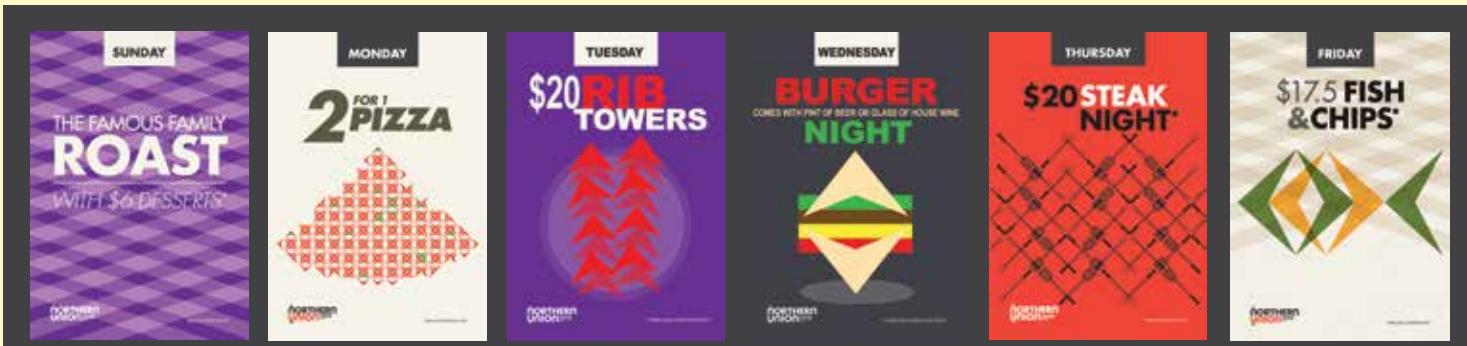
If this sounds like you and you want to be involved in the community or you would like more information, please contact www.hbccommunitypatrol.org.nz or call Frank on 09 426 3122.

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Booking deadlines - 15th of each month



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EST. 2014

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23 Wainui Road,
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Are you going away these holidays?

Here are some tips from Mike Pero Real Estate Silverdale to help make your home less attractive to thieves while you are enjoying your summer!

- Ensure all windows and doors are locked.
- Keep blinds and curtains open to give your home that “lived in” appearance.
- Put a timer on a table or desk light inside, so that it comes on automatically in the evening.
- Ask a friend or neighbour to collect your mail.
- Cancel all regular deliveries, eg the NZ Herald.
- Lock away all portable garden equipment, ladders and tools, or anything burglars could use to break into your home.
- Take all keys with you - don’t hide them inside.
- Never leave notes like your holiday checklist lying around; they’re a great clue to thieves that you’re not due home anytime soon.
- Check that your contents insurance policy is up to date - just in case.
- Don’t leave valuables behind for thieves to find.



Grayson & Sarah Furniss of
Mike Pero Real Estate
Silverdale
&
The Millwater Mag
would like to wish you a Merry Christmas
& a Happy New Year!

2015

Thank you for your support this year!

MERRY CHRISTMAS
AND HAPPY NEW YEAR

theMillwatermag

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Mike Pero Real Estate Ltd Licensed REAA (2008)

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Love Your Family?

Then check your boat before you go to the water

Having promoted the idea of a family outing on the boat, you've packed the car and boat for that much-anticipated trip out. You've arrived at the boat ramp, unpacked the car, the boat's in the water and the car and trailer in the car park. You go to start your engine only to discover:

- Battery is flat
- Engine won't start
- Engine starts but overheats
- Steering is seized from lack of use
- Gears won't engage due to corroded cables

BUGGER!

So you put the boat back on the trailer, re-load the car with a now hot, irritable and disappointed family and head home. How do you think this will affect the chances of persuading your family to go boating in the future? And yet, only a little bit of pre-planning could have saved you from this very tense situation.

Regular servicing of your boat by an experienced qualified technician may have avoided the scenario above, but there are measures you can take yourself to alleviate these types of problems.

- Run your motor before you leave home using water and a flushing attachment
- Ensure it pumps water from the "tell-tale"
- Operate the steering and remote controls to ascertain they

have free movement

- Have your battery load-tested; they don't last indefinitely
- Check the wire or rope on your trailer winch and grease the mechanism
- Test your VHF radio by calling Auckland Coastguard on Channel 16 for a Radio Check - they really don't mind

There are a few things we would recommend to improve the reliability of your boat:

- Flush your outboard motor with fresh water for at least 5 minutes after use
- Wash your boat, outboard and trailer religiously with fresh water; you can't use too much water!
- If possible, store your outboard as upright as possible, as this allows the water to drain and minimizes corrosion
- Install a battery switch. Modern VHF radios consume a small amount of power all the time to maintain their memory. Also, damp wiring can slowly discharge your battery
- When not using your boat regularly, move the steering and remote controls to ensure they don't seize up from corrosion

Have your boat regularly serviced by **QUALIFIED** Technicians. They know what to look for and will draw your attention to any problems that may not be apparent to those who are less experienced.

**Silverdale Marine, 10 Agency Lane, Silverdale
09 426 5087**



Glengyle and Ebony Outlet Silverdale

For the last 30 + years Ebony Boutique Outlet Silverdale (previously called Glengyle Outlet) have been providing High Quality Clothing and Accessories at great Outlet Prices to the Silverdale Community.

Ebony, Glengyle, Four Girlz, Cordelia Street, Lemon Tree, NVI, Motto and many more great labels are available at amazing discounts of up to 70% off the full Recommended Retail Price.

Ebony Boutique also has stores at Birkenhead, Hamilton, Ngatea, Tirau, Tauranga, Waihi Beach and at DressSmart Hornby Christchurch.

They are also opening their new Outlet Store this month in Onehunga Auckland.

So come in and visit Alison and the team at Ebony Boutique Outlet Silverdale today and grab yourself a bargain!



Ebony
Outlet Store

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(09) 426 9236

www.ebonyboutique.co.nz
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Fabulous Fashion That Fits | Sizes 8-20

Christmas recipes

Pistachio Cranberry Flakes

Ingredients

1/4 cup diced almonds

1/4 cup sultanas

1/3 cup pistachios (coarsely chopped)

1/2 cup cranberries

375 white melts



Method

Line a 38 x 25 cm baking tray with foil - (or do as below in a smaller slice tin and cut into squares).

Place melts in a heatproof medium bowl over simmering water, stirring occasionally until melted.

Add almonds and sultanas to melts and stir to combine.

Spread evenly over the prepared tray. Sprinkle with pistachios then cranberries. Use fingers to gently push the cranberries slightly into the chocolate. Refrigerate until set; then break into shards.

Tropical Summer Trifle

Ingredients:

Plain sponge cake (bought from supermarket or make your own!)

1 packet tropical jelly

Passion fruit pulp

1 tins of peaches or mangoes

Carton of custard or make your own, pouring consistency

Cream - whipped

Slivered almonds – toasted optional

Method:

Requires a tall glass dessert bowl. Pre-prepare the jelly and stir whilst it is setting so it is not one solid mass. Cut sponge cake into small squares and place one layer in bottom of sponge bowl, making sure you cover the whole base. Add a layer of fruit, drizzle with passion fruit pulp and top with a layer of jelly. Pour over custard to cover jelly. Repeat layers, top with whipped cream and slivered almonds to decorate.

Enjoy!!



Recipe favourites

Tina's Rhubarb and Coconut Cake

Ingredients

1½ cups self-raising flour
1 cup caster sugar
100g desiccated coconut
125g melted butter
3 eggs, beaten
½ cup milk
½ teaspoon vanilla extract
750g rhubarb



Method

Take a 22cm spring-loaded baking tin, lined with greaseproof paper. Put all the ingredients into a bowl and mix together. Spread half of the mixture into the tin. Cut the rhubarb into small pieces, peeling off any stringy skin. Spread the fruit pieces onto the mixture in the tin, then top with the remaining mixture, so that the rhubarb is completely covered. Sprinkle over 1-2 tablespoons of sugar, to taste.

Bake at 180c for 1 hour 20 minutes – may need an extra 10 minutes to cook in the centre. Delicious eaten cold, with coffee; or hot, with cream or ice cream.

Enjoy!

Raspberry Pretzel Dessert

Base ingredients

2 cups of crushed pretzels
200g melted butter
3 tbsp sugar

Mix together & spread into the bottom of a 23cm x 33cm pan. Bake at 200c for 8-10 minutes. Cool.



Middle layer

250g cream cheese
1 cup sugar
2 cups whipped cream

Blend cream cheese and sugar, fold in whipped cream. Spread on cooled crust.

Top layer

2 packets of raspberry jelly crystals
2 cups boiling water
500g frozen raspberries

Dissolve jelly in boiling water and stir in frozen berries. When partially set pour over cream cheese layer and refrigerate. Makes 12 generous servings.

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MILLWATER



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Open Home - Sat/Sun 2:00-2:45pm

- Magnificent property sitting on 10 rolling north facing acres (approx)
- Impressive stone wall, gated entrance and tree lined driveway
- Charming Sir Michael Fowler designed home
- Fantastic flow through ample french doors to north facing patio
- Expansive lawns, plenty of room for tennis court or a pool
- 4 car garage currently set up for dog grooming, undeveloped attic
- Opportunity to rediscover its former glory and add value

www.mikepero.com/RX287074



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OPTIONS FOR ALL

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\$729,000

21a Fairway Ave, Red Beach

Finally a good solid home with a decent bit of land in a great location. Sitting high above and well back from the road, this charming family home has some touches of class and yet some opportunities also. With a great layout to make the most of the sun and outlook, the open plan living dining lounge flows fantastically out onto large decking though an array of bifolds and sliders. The vaulted ceilings and significant glazing give this area an expansive feel, with the log burner adding real comfort to the colder winter evenings. Three bedrooms upstairs and a fourth with separate lounge and bathroom downstairs ensure that there are options for a wide range of family units.

Property Details

Land Area: 626m² Building Size Area: 180m²www.mikepero.com/RX297872

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SOLD

16 Major Henry Greens, Millwater

From our vendors...

A few months ago we decided it was a good time to put our house on the market. We met with an agent who had the listing for a couple of months, but were unsuccessful in capturing a sale. From there we decided to list privately as we were not convinced an agent would prove financially worthwhile. We listed as a private sale for a month or so, and after hearing good things we decided to contact Grayson & Sarah Furniss from Mike Pero Real Estate, Silverdale.

From the very first meeting with them we were injected with confidence in their ability. They were professional, knew the market, they were very assertive, they listened, and were very engaging in offering advice and direction.

We confidently went ahead with the listing and a mere number of days after the listing went live we had an offer we could not refuse! Sarah & Grayson had found a purchaser, completed all negotiations on our behalf and came to us with a dream offer!

We would happily refer anyone who might be thinking of selling to Sarah & Grayson, they are well worth commission, which is comparatively low anyway!

QJ & Rachael



Grayson & Sarah Furniss

09 426 6122 • 021 665 423
grayson.furniss@mikepero.com
sarah.furniss@mikepero.com
www.mikepero.com



I AM THE ENTERTAINER

3 2 2

\$814,000

3 Whares Court, Millwater

- superb location on cul de sac in established part of Millwater handy to walking tracks and playground
- tranquil outlook towards reserve and mature stands of trees that won't be built out
- better than single level with living areas, garage and master suite all on ground level
- two additional double bedrooms and bathroom downstairs
- large open plan kitchen, dining and living rooms plus separate lounge
- fantastic flow from all living areas onto two decks, there's always going to be a spot in the sun
- secure this 198m² house on 463m² section today, completion is only weeks away

Call to view today!

www.mikepero.com/RX297625

0800 500 123

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Top Floor



Ground Floor



WOW, THAT'S GREAT VALUE

4 2 3

\$815,000

3 Skipjack Pass, Millwater

- fantastic new home in Millwater handy to shops, schools and transport
- large 209m² house on 550m²(approx) site
- ideal for a work from home situation with double bedroom and full bathroom on the ground floor next to front door
- three double bedrooms including master with walk in wardrobe and ensuite upstairs
- large open plan living with separate lounge

Secure today at 2014 prices with a low deposit of \$50K, avoid the price increases.

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**BETTER THAN SINGLE LEVEL!**

\$825,000

14 Skipjack Pass, Millwater

- fantastic Millwater location, walking distance to schools, shops and transport
 - 207m building area on 525m section, elevated with outlook to the west
 - sensible layout with living areas, guest powder room, master suite and garage all on ground floor
 - three double bedrooms and family bathroom on second level
 - stylish low maintenance design in combination of brick and weatherboard
 - sheltered private outdoor alcove, great for evening barbecues or just relaxing in the sun
 - high build quality backed by 10 year master builders guarantee
- Secure this wonderful new home now from \$50K deposit, balance on settlement.

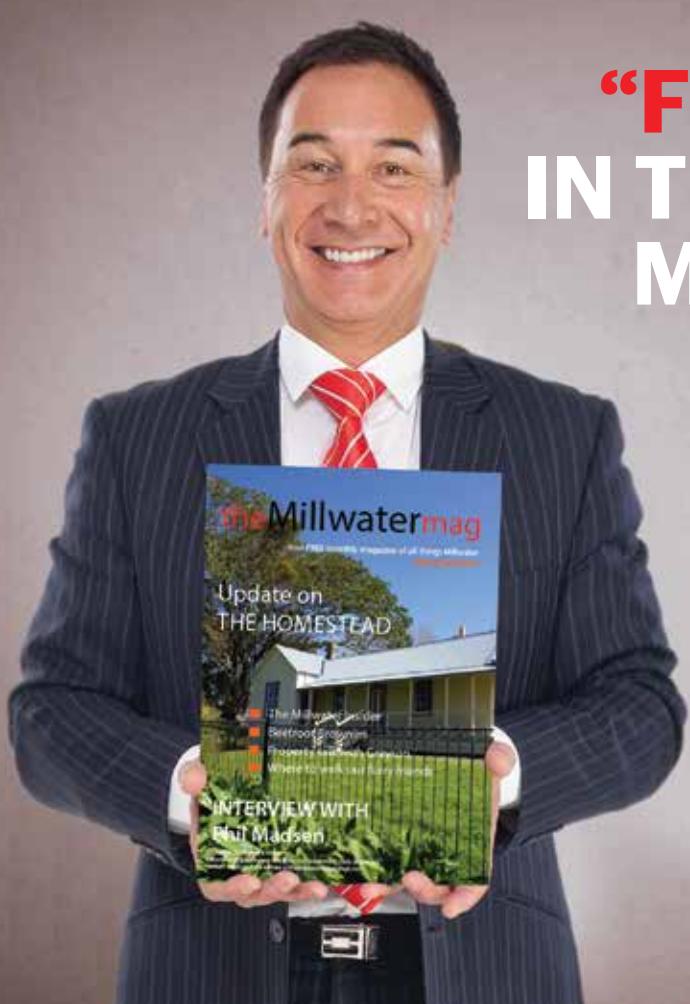
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Give us a call now on (09) 426 6122 and find out more about the benefits of listing with Mike Pero Real Estate. Experience the difference.

area property stats



Every month Mike Pero Real Estate Silverdale assembles a comprehensive spreadsheet of all the recent sales in the Silverdale area that reviews the full range of residential transactions that have occurred. If you would like to receive this full summary please email the word "full statistics" to grayson.furniss@mikepero.com. This service is free from cost.

| | Oct 2013 | Sept 2014 | Oct 2014 |
|----------------------------|-----------|-------------|-------------|
| Number of Sales | 12 | 10 | 10 |
| Median Sales Price | \$862,500 | \$851,500 | \$894,500 |
| Highest Sale Price | \$986,437 | \$1,181,000 | \$1,025,000 |
| Lowest Sale Price | \$700,000 | \$770,000 | \$790,000 |
| Average % price to 2014 GV | -4.00% | 1.75% | 3.00% |
| Average Floor Area (sqm) | 240 | 204 | 243 |
| Weighted Value Index | 960 | 1046 | 1006 |

Disclaimer: These sales figures have been provided by a third party and although all care is taken to ensure the information is accurate some figures could have been mis-interpreted on compilation. Furthermore these figures are recent sales from all agents in the area.

We also provide statistical data, free from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today.

Phone Grayson on 09 426 6122 or 021 665 423

Grayson Furniss
Brand & Territory Owner

 | REAL ESTATE



Mike Pero Real Estate Ltd Licensed REIA (0086)

Millwater property talk with Grayson

Well, Christmas is now just around the corner and, while the wind continues to blow, there are some signs of warmer weather approaching – finally! The same old story continues in the real estate market: prices are up, while volumes of sales are down (generally), with a high number of owners continuing to sit and wait. In our little corner of the world, we can see that sales numbers are consistent, with slight increases in prices. For the first time, we have two consecutive months of the index sitting above 1000, indicating real price inflation and not just bigger houses being sold (although this average is also back up again).

The new Rateable Valuations are out and we can see some interesting results overall with these. The RVs are supposed to reflect the value of each property, had it been sold in July 2014. Interestingly, when we compare the sales price of houses sold in July to the new rateable value for those properties, on average the sales prices are 0.46% over the Rateable Value. That is incredibly close; indeed, a sceptic could suggest that those RVs have been reviewed to reflect actual sales prices. The results since then are on average very close also: August 0.75%, September 1.75% and October 3%.

That is not to say that they are all correct. There is a massive variation on the individual sales, with some being 12% over Rateable Value and some as much as 10% below. When compared to some of the properties that we have appraised for sale recently, they can be up to \$150,000 below anticipated sales figures. Whether these variances will have a material impact on sales results further down the line is yet to be concluded. What we do know is that, the first week after the new valuations were published, the first question out of every

buyer's mouth seems to be "what is the new RV"?

We are in the process of assisting a number of concerned owners with objecting to their new RVs – a process that can be completed for free until 19 December. For those who are concerned, we sampled a number of properties and found that an additional \$100,000 of rateable value only cost \$323 in additional rates (based on 2014/15 rates and 2011 Rateable Values). If you are thinking of selling in the near future, or just believe that your RV may be incorrect, please give us a call. We are happy to help with the objection process.

All the best for a Merry Christmas and a Happy New Year; as always, we look forward to meeting more of our neighbours over the next months.

Grayson (09) 4266 122 & Sarah (09) 4266 155



the silverdale pioneer village



Early in November, residents of Millwater may have seen a bus edging its way down Laura Jane Crescent. It contained members of the Silverdale and Districts Historical Society on their monthly outing; on this occasion following the trail a 150-year-old crime, which took them from Orewa to Kaukapakapa. That done, they abandoned the 19th century to spend the rest of the day enjoying the 21st, watching gannets at Muriwai and savouring wine at Kumeu.

The Society is based at the Pioneer Village in Wainui Road, next door to the Silverdale Play Centre, which was the district's first school building. Century-old trees there now shelter houses moved from the immediate vicinity to make a Time Trail of Silverdale's past. Inside are displays of local memorabilia, along with archives and research facilities. On special occasions you can get Devonshire teas served on English bone china and a year-round craft gallery features the kinds of gifts your mother used to make. At Christmas there are special events and displays.

Around the houses, over the last forty years, Society volunteers have converted the former school grounds into exceptionally beautiful gardens. Once on the outskirts, the Pioneer Village is now at the heart of Silverdale's commercial area and provides an idyllic atmosphere to relax, away from the bustle beyond. The land is a public reserve so everyone is welcome. That said, a donation towards its upkeep is always appreciated. Both the gardens and the old chapel are available for weddings and other functions.

For anyone looking for occasional retirement occupation, there's always plenty to do; from maintenance, conservation and restoration to secretarial assistance or simply helping to welcome visitors. Over the summer months, the village is open every day except Tuesday, 10am-3pm, and you are warmly invited to visit.



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The logo for Cait's Corner features a central pink tutu dress with ruffles, surrounded by several large pink hearts and smaller purple and pink star-like shapes. The text "Cait's Corner" is written in a black, rounded font across the middle of the dress.

The logo for treehouse PRINT. It features a stylized brown house icon with a white cross inside, positioned above the word "treehouse" in a lowercase, sans-serif font. The "e" in "treehouse" is replaced by a teal square containing a white cross. Below "treehouse" is the word "PRINT" in a smaller, teal, uppercase, sans-serif font.



the Millwater insider

Millwater Families Facebook Page

A quick poll was taken some months ago and it was decided that this page would be open to Millwater and Totara Views residents only and the administrators for the site have been trying madly to process requests to join the page. However, there are many people they have replied to who are not responding. If you or someone you know has asked to join the page, please check your "Others" folded in the messages section. If you can't find it, ask a 10 year-old. Chances are, there is a message hiding in there, just waiting to be discovered.

And the award for the most stupid attempt at driving goes to....

Seriously, there is not a day goes by that someone doesn't see someone else doing something stupid, reckless or downright crazy behind the wheel of a car, truck, digger...! We live in a massive building site where there are many people learning to work and live together in the same space. Try and show as much tolerance as you can towards others. That said, if there are some recidivist offenders out there: get some evidence (photos or video) and send it to the Police, Auckland Transport and the Auckland Council. If someone has an idea how to catalogue info on offenders, then please let us know. We are all keen to keep our streets safe for the young, old and seasonably imbibed.

Country Show Day

Congratulations to the PTA of Silverdale Primary School: another herculean effort to put together an enormous day on 1 November, with an equally massive outcome for the school. A grand total of \$34,000 was raised and will go towards constructing shelters for students and teachers in the drop-off/pick-up zone. The Insider wants to thank all those who contributed, participated, or just plain and simply spent on the day. Well done all!

Street parties

Congrats to those neighbours who have been putting together the occasional soirée - they definitely add something positive to the fabric of the place.

Millwater Central

They say good things come to those who wait; well, the expectations are starting to get high. To the many people who have asked over the last few months when this will be opening, the most recent indication is that there now won't be anything open until the New Year, with it looking more and more likely to be late January or early February. Collective sigh.....

Hibiscus Coast Athletics Club

Well done to one of the more recent arrivals in Millwater – a fantastic opportunity for local kids to get out and stretch legs and arms. They have exceeded their own expectations and

report that over 300 members have joined. If you want your small person to try, drop in and see the team on a Wednesday from 5.30 pm – they will surely make you welcome.

Christmas Decorations Competition

It is definitely heading towards the time where we expect to see some of our more enthusiastic homeowners adorning their properties with all manner of decorations and lights. Let us know if you see a particularly good effort; the Insider will be out and about prior to Christmas. The house judged best overall effort will be awarded a prize of gold, frankincense and myrrh (or, in reality, whatever we can scrounge up from one of our contributors).

Halloween

It was fantastic to see all the littlies out and about and enjoying Halloween. Congratulations to them all (and parents) for their fantastic outfits and courteous approach. The Insider understands that the Hibiscus Dental fraternity is offering to sponsor this event next year.



summerboatingsafety

Summer is nearly upon us and it has been a busy time for Coastguard Hibiscus. As the weather improves, more people venture out onto the water – all too frequently without doing those basic boat checks. Getting your boat serviced every year is not only a good investment in protecting its value, but it makes sure that everything is in good order and there are no nasty surprises awaiting that may well mean a call to Coastguard.

Batteries can be one of the biggest problems. Today's smart battery chargers are inexpensive; you can leave them connected all the time and they'll ensure that your battery stays in top condition. All too often we get called to a boat that can't start when they've been on the water all day; fish-finder, radio and music running and then they can't start their motor – the battery probably wasn't in good condition to start with and a day's work will have finished it off. It can also be dangerous, and changing conditions can mean your inability to get home will see you in seas that are not at all comfortable. Throw in a bit of seasickness and forgetting to charge that

battery has taken on a whole new significance!

If you've had fuel sitting in the boat since the end of last season, it's probably best to donate it to the lawn mower or weed-eater and fill up with fresh – fuel does deteriorate over time.

Finally; a reminder to make sure that you always have two means of communication with you when you're on the water. Mobile phones are fine as a back-up but a good VHF radio can be heard by many people and is the most reliable way to get in touch if you need help.

Stay safe on the water and good fishing!

Keith Roberts
President
Coastguard Hibiscus Inc.



The Millwater Charity Ball

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Orewa Arts & Events Centre from 7pm

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More details to follow in the New Year!



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If your business would like to sponsor this event or you would like to be involved in the planning of this event please email Sarah at sarah.furniss@mikepero.com

theMillwatermag

don't be afraid of sunshine – but do respect it!



Summer is here at last; so too is the risk of over-exposure to the sun's harmful rays. Sunshine is a good thing and has many health benefits, but too much of a good thing will have consequences. Protective clothing, avoiding direct sun exposure during the midday hours, using a non-toxic sunscreen and drinking fresh water for hydration are basic summer essentials.

So what are the health benefits of sunshine?

Vitamin-D production for one, which in itself is super-important in the body for so many reasons; including bone density, depression and cancer protection. We are becoming Vitamin-D deficient due to changing lifestyles of non-exposure at all costs – but the costs can affect our health and wellbeing.

The sun's light is also beneficial for wound healing, skin disorders, immunity, depression, stamina, fitness and muscular development, relaxation and de-stressing. Medical literature published in Europe showed that people with atherosclerosis (hardened arteries) improved with sun exposure. These are just some good reasons to get a measured daily dose of safe sun exposure!

There are some natural products which act as 'internal' sun protection. They are astaxanthin (only the natural form), plus Vitamins D, C and E combined. Multiple studies found that the combination protects the skin against UV damage. Resveratrol, beta-carotene, Omega-3 fatty acids and coconut oil are also beneficial.

If you are not used to the sun your skin will be more sensitive to exposure, so it is very important to avoid sunburn by building up your tolerance SLOWLY. Whatever your product of choice; ensure that it is safe and keeps **you** safe. Have a healthy and sun-blessed summer!!

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How to sow a lawn in December

Love your lawn with Living Earth Ultra Lawn

While it's maybe not ideal, a number of people sow lawns in December, because that's the time that suits them best – they have time over the Christmas and New Year period to water and care for their lawns while they establish. Because the soil temperatures are warm now, lawn seed has an optimum chance of germinating, provided it is watered well at least once, if not twice a day on hot days.

And this Spring, which has seen plenty of rain, has proved to be a great lawn-growing season!

Central Landscapes Silverdale has Living Earth Ultra Lawn, a mix that has been specially formulated to aid the establishment of lawns and help them grow strongly. Ultra Lawn is a blend of their famous compost, with bark fines and plenty of sand to aid drainage and which is 100% weed-free. Once germinated, there are fertilisers to enhance lawn growth, as well as a wetting agent to aid even water dispersal.

Apply Ultra Lawn Mix to a depth of 30 to 50mm on cultivated soil that has been cleared of weeds and old turf. (If re-sowing bare patches, apply 20-30mm). Sow lawn seed and water lightly but thoroughly each day until the grass is well established.

Central Landscapes have Ultra Lawn as well as other soil products to suit your budget and requirements – and don't forget that now is the time to fertilise your lawns with Turf Gold. They also have available all lawn products, including grass seed, throughout December and the holiday period.

The Millwater Gardening Competition



Prizes to be won!

Judging beginning of March 2015

Categories - Best Lawn
Best Overall Landscaping
Best Vegie Patch

Winners announced in April issue

Nominate yourself or your neighbour!
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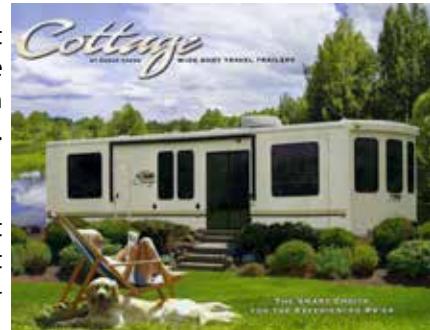
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summer's coming – PREPARE THAT RV!

As Winter passes and Christmas approaches, it's time to start preparing your RV for the Summer. Here are some useful tips to help prepare your caravans and motor homes.

Check the battery is charged, or reinstall the battery if removed for Winter. Then inspect your tow hitch and lubricate any pivot points. Check the handbrake operation and the axle brakes and ensure the outside lights work properly – before moving your RV. When you can access all sides, start by inspecting the suspension and springs for wear and tear. Check tyre condition, air pressure and also lug nut torque on each wheel.

Fill up with fresh water and to do a system test. Siphon water through the pipes and hot water heater, removing any air and pressurizing the water system so it's running out at all taps. Some owners sanitize their water systems with a bleach- or chlorine-based tablet, available from Burnsco Marine or RV parts suppliers.



Check gas bottle levels before turning them on and use the mains power lead to test appliances inside your RV. Test the water heater once full of water – after 10 minutes there should be a noticeable rise in temperature. Turn on your fridge and check after 15 minutes that it is cooling correctly. Light your cooker to check all elements are working and test your gas furnace to ensure your onboard heating works – it gets cold in summer too!

Install new batteries in the smoke and carbon monoxide detectors. Check the fire extinguisher, making sure the needle is in the green. Check your electrical WOF – some camping grounds will unplug you if this has expired. Check your lights, TV, air conditioning, solar charging systems and other extras fitted, ensuring that everything is tested and works as designed. Now there's just food, clothing and fuel and you're ready to hit the road once again.

We have a quality selection of UK motor homes including Autotrail Series, Tribute Range and New Roller Team Motor homes designed in Italy. We are also agents for UK Coachman Caravans, USA Cedar Creek Park Model Caravans and we carry a selection of 5th Wheels.

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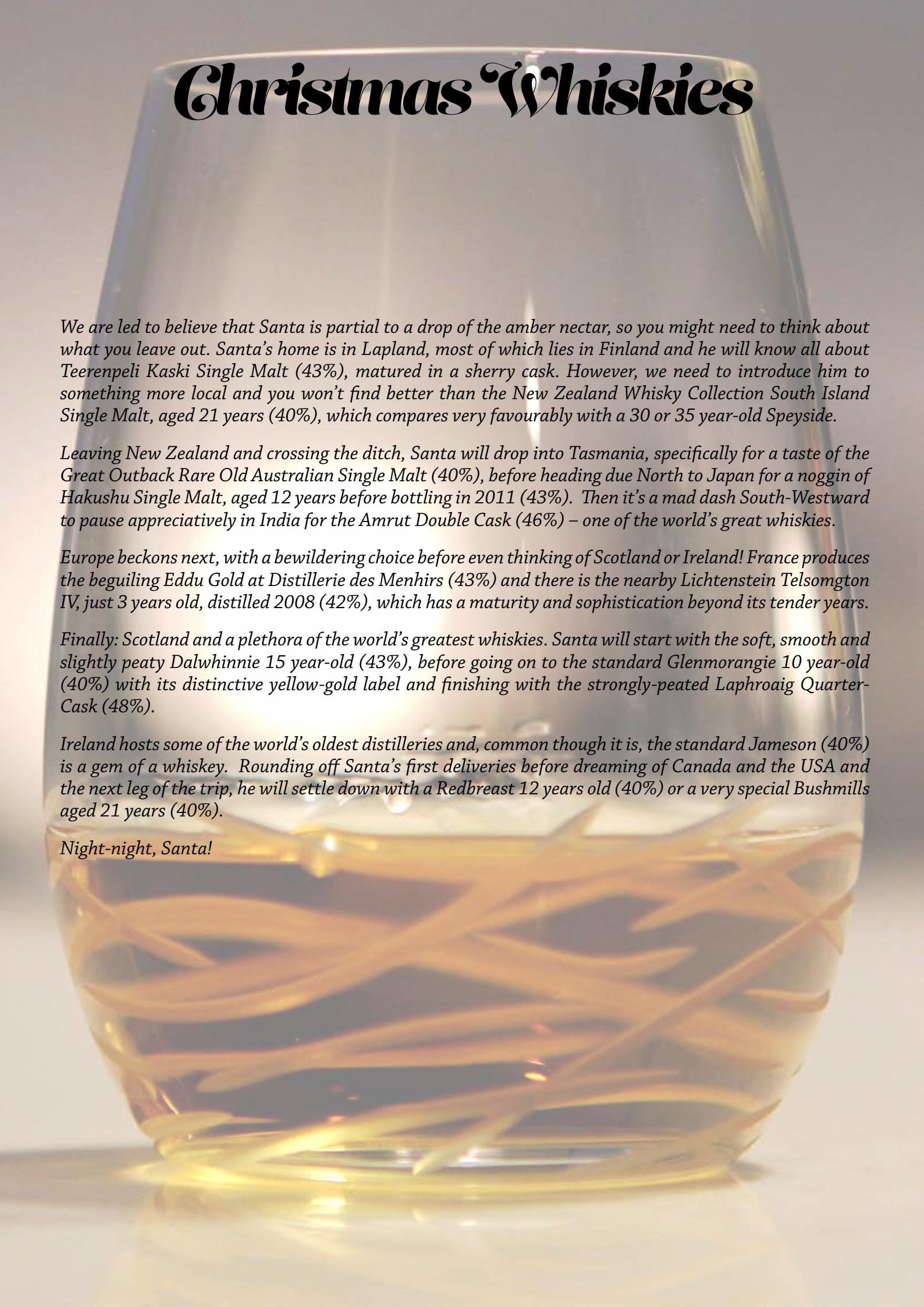
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*A 15 second TV commercial produced by a professional 'agency' elsewhere and played on TV One or TV3 could cost you in excess of \$6000+gst. For a limited time only. Conditions apply.

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Christmas Whiskies



We are led to believe that Santa is partial to a drop of the amber nectar, so you might need to think about what you leave out. Santa's home is in Lapland, most of which lies in Finland and he will know all about Teerenpeli Kaski Single Malt (43%), matured in a sherry cask. However, we need to introduce him to something more local and you won't find better than the New Zealand Whisky Collection South Island Single Malt, aged 21 years (40%), which compares very favourably with a 30 or 35 year-old Speyside.

Leaving New Zealand and crossing the ditch, Santa will drop into Tasmania, specifically for a taste of the Great Outback Rare Old Australian Single Malt (40%), before heading due North to Japan for a noggin of Hakushu Single Malt, aged 12 years before bottling in 2011 (43%). Then it's a mad dash South-Westward to pause appreciatively in India for the Amrut Double Cask (46%) – one of the world's great whiskies.

Europe beckons next, with a bewildering choice before even thinking of Scotland or Ireland! France produces the beguiling Eddu Gold at Distillerie des Menhirs (43%) and there is the nearby Lichtenstein Telsomgton IV, just 3 years old, distilled 2008 (42%), which has a maturity and sophistication beyond its tender years.

Finally: Scotland and a plethora of the world's greatest whiskies. Santa will start with the soft, smooth and slightly peaty Dalwhinnie 15 year-old (43%), before going on to the standard Glenmorangie 10 year-old (40%) with its distinctive yellow-gold label and finishing with the strongly-peated Laphroaig Quarter-Cask (48%).

Ireland hosts some of the world's oldest distilleries and, common though it is, the standard Jameson (40%) is a gem of a whiskey. Rounding off Santa's first deliveries before dreaming of Canada and the USA and the next leg of the trip, he will settle down with a Redbreast 12 years old (40%) or a very special Bushmills aged 21 years (40%).

Night-night, Santa!

fishing report by Tim Lawrence



It's getting better out there: the fish are feeding and the bite times are getting more and more consistent. Reports online are still talking about good fishing out at 45m+ between Tiri and Kawau Islands. Flat Rock has also been producing good fish. Last month, I mentioned Challenger Reef. We set up camp there on dusk a few weeks back and again did quite well. The best time to be there is on dusk – that's when the fish really bite.

In early November, we managed to find a weather window to make a trip to the Mokohinau Islands. It was great to finally get out wide and chase some big fish but the day wasn't meant to be, with only a couple of decent fish landed and a token crayfish off Little Barrier on the way home – enough for a couple of feeds.

Fish is a delicate meat and you need to treat it with care. Always ensure you use salt ice (not regular ice), or freeze soda bottles of water and fill the bin about 1/3 full of sea water and place the frozen bottles in the water. It is important to chill the fish to set the meat ready for filleting – you don't want to be filleting mushy flesh.

Once filleted, I prefer to wash my fillets in sea water to maintain the natural flavour. I do this by filling a sealable container at sea ready to wash the fillets in when I get home (tap water contains chlorine which taints the flavour of the fillets). Once in the fridge, place the fillets on a rack so they don't sit in the juice and place a damp tea towel over the fillets so they don't dry out.

Tip for the month...salmon burley. You can't go wrong!

Tight lines!

Tim's Bonus: Crayfish dip recipe – 2/3 Heinz Seriously Good Mayonnaise, 1/3 Nando's Hot Peri-Peri Sauce (it *has* to be Peri-Peri)



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**We are opening another medical practice in Millwater Central soon!
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avoiding aches in the garden

With all the gardening and landscaping occupying weekends for many new Millwater residents, and with the arrival of summer, I thought it appropriate to offer help with some thoughts on minimising those aches and pains on Monday morning!

We often treat people with wrist, shoulder and back pain, attributed to carrying awkward loads and repeated digging and pruning. Sustained postures and lifting are the most common causes of low back and neck pain. Repeated hammering and jarring can lead to elbow and wrist pain.

Some useful tips and guidelines to follow are:

When lifting, bend your knees (no more than 90 degrees), look straight ahead and avoid twisting your back. Share the load and get assistance if possible.

Don't overfill the bucket, wheelbarrow etc. Plan what you are going to lift; better to lift several lighter loads than too heavy a load.

Keep loads close to your body. This significantly reduces stress on the back and neck.

If you are in a sustained posture, such as for weeding, stand up regularly and stretch.

Use your surroundings. Place garden pots and containers at bench height to work on them.

Wrists are designed to take the load in their neutral position (fist). Be conscious of this when lifting or pruning.

Remember: you can replace tools etc, but you only have one spine/body and it is better to pace yourself, take breaks and plan what you are doing, rather than being incapacitated and no more work can be done!

We have lumbar, wrist and elbow braces available, which are useful where appropriate. If you have ongoing joint pain, come and see us; we can diagnose early, give you exercises and guidelines, enabling you to complete your landscaping and continue to enjoy life.

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silverdale village market



Silverdale Village Market has been in existence for over 25 years, adapting continuously to the times and reflecting changes in population and social needs. In the beginning, it was primarily a farmers market, specialising in locally produced food items and some of these suppliers are still with us today, including a long-time fresh free range egg producer.

Zheng Lu grows hothouse vegetables in Dairy Flat, where he produces vegetables of the highest quality possible. Lu's speciality is an extensive range of tomatoes.

Mr. Charlie Zee has been selling seedlings for 20 years from his market stall beside the Hall and is always on hand with practical advice.

Inside the Hall, the Ryder family have been selling their own affordable range of carved greenstone and paua jewellery and souvenirs for many years.



Jill sells sweets and chocolates outside the Bendon Store and the range varies weekly with seasonal supplements such as Easter eggs, Santa sacks and Halloween specialities.

Joan has been offering fresh cut flowers and readymade bouquets for 23 years. The flowers of choice may have changed over the years but not the quality.



These are nearly 100 craft persons selling handmade art, jewellery, household goods, baby clothes, vintage and collectables, new and pre-loved books. There is even a mobile beautician, specialising in threading, manicures and massage.



Yvonne offers cot blankets, pet beds, Kiwi-themed table mats, oven gloves, casserole carriers and guest towels.

You can buy cards and wrapping from the Phoenix range, New Zealand-made soaps and cosmetic oils and creams plus a huge range of candies, sweets, biscuits, specialty meats and salmon.



Several artists are regulars; including Tanz who makes collectable arts and gifts; Gitte Dibley produces landscapes and New Zealand bird paintings; Kay Satherly paints on silk. Philip Thornton uses his background as a jeweller to produce wearable art jewellery.

No matter the weather, the market is a great place to browse and buy from a local craftsman – someone who works so hard on their craft that Saturday morning is the only time they are free to sell.

mike Pero

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Christmas at Sea View

Last month we read one of the stories that Gwen Stoney wrote of her childhood at Sea View and read to her granddaughters. Here's another:

Christmas years ago – sunshine, holidays and the longed-for Christmas goodies: sweets, fruit, cakes, plum pudding with holly sprig, blue flames and raisins; presents and excitement and everyone kind and loving. It had a sort of happy daze in Emily's mind even when she was old. She learnt very young that a lot of happiness came from carefully and determinedly saving and planning for the Christmas for all – not just herself – brought a lot of fun and pleasure and pride.

A family called Kendall used to spend the Christmas holidays at Sea View. (Kendalls had once kept the Silverdale store). Mr Kendall came for five days only, then Mrs Kendall and her two sons and two daughters used to stay on. Mrs Kendall was much stricter with her young ones than Grandma ever was. The young people rather naughtily called her 'Ma' behind her back. Dorrie Kendall was the oldest – somewhere about the age of Emily's two brothers. Ivy came between Kay and Binnie, Les about Binnie's age and Claude a little older than Emily.

Emily and her brothers and sisters did not have many youngsters to play with so looked forward to the Christmas visit. In those days, with no shops about and trips to Auckland only two or three times a year, very seldom were there sweets or 'shop' fruit about, so the Christmas goodies were very important.

About August, a great spring cleaning took place. Walls and ceilings were brushed and washed. Curtains – the long lace ones to the floor and the starched cretonne ones for the side hangings – were washed and starched and ironed. Blinds were taken down and cleaned and all of the floors, furniture and drawers were polished until they shone. All silver, brass and copper was polished too. Summer frocks were made or altered for everyone. All ornaments were washed and dried and even the four chimneys were swept; the wood-burning stove and all the grates in the open fireplaces were blacked and polished.

About September, Grandma made several lovely fat, round Christmas puddings. They took about eight or nine hours to boil on the wood stove, in their muslin bags and what a lovely rich, fat, fruity smell drifted from the kitchen. When they cooled, they were hung up in the rafters to keep company with the home-cured hams and breakfast bacon. That was the first Christmas thrill, seeing the puddings hanging up there.



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Merry Christmas

| | |
|-----------------|--|
| Every Saturday | Silverdale Village Market • 8am-1pm, Silverdale St, Silverdale |
| Every Tuesday | Quiz Night at Northern Union Gastro Pub |
| 1-26 Dec | Traditional decorations in the heritage houses at Silverdale Pioneer Village, 15 Wainui Rd. Open every day except Tues 10am-3pm • Bring the children • craft shop open • Xmas gifts for sale |
| 4 Dec | Kingsway School Christmas Carol Singing • From 6pm |
| 6 Dec | Triathlon Pink NZ - Fun Run • Orewa Reserve • 7am |
| 13 Dec | Silverdale Pioneer Village welcomes the Warkworth Brass Band from 1-2pm |
| 14 Dec | Silverdale Pioneer Village - Christmas Carols in the chapel from 7pm |
| 18 January 2015 | Millwater Community Day |
| 16 May 2015 | The Millwater Charity Ball |

If you know of any upcoming local events please contact Sarah at themillwatermag@gmail.com

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|--------|---------------|---------------|---------------|---------------|--------|---------------|---------------|---------------|---------------|--|
| 1 Dec | 03:00 2.7m | 09:10 0.6m | 15:34 2.8m | 21:45 0.5m | 1 Jan | 04:45 2.8m | 10:57 0.7m | 17:10 2.9m | 23:23 0.5m | |
| 2 Dec | 04:03 2.7m | 10:15 0.6m | 16:34 2.8m | 22:46 0.5m | 2 Jan | 05:47 2.8m | 11:56 0.7m | 18:08 2.8m | - | |
| 3 Dec | 05:06 2.7m | 11:18 0.6m | 17:33 2.8m | 23:44 0.4m | 3 Jan | 00:20 0.5m | 06:44 2.9m | 12:51 0.7m | 19:04 2.8m | |
| 4 Dec | 06:07 2.8m | 12:16 0.6m | 18:30 2.8m | - | 4 Jan | 01:13 0.5m | 07:36 2.9m | 13:42 0.7m | 19:56 2.8m | |
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| 7 Dec | 02:23 0.3m | 08:45 3.0m | 14:49 0.5m | 21:06 2.9m | 7 Jan | 03:30 0.4m | 09:52 3.0m | 15:58 0.6m | 22:14 2.8m | |
| 8 Dec | 03:09 0.3m | 09:31 3.0m | 15:35 0.5m | 21:53 2.8m | 8 Jan | 04:10 0.5m | 10:32 3.0m | 16:38 0.6m | 22.54 2.8m | |
| 9 Dec | 03:52 0.3m | 10:15 3.0m | 16:20 0.5m | 22:37 2.8m | 9 Jan | 04:48 0.5m | 11:11 2.9m | 17:18 0.6m | 23:33 2.8m | |
| 10 Dec | 04:34 0.4m | 10:57 2.9m | 17:03 0.6m | 23:20 2.7m | 10 Jan | 05:27 0.6m | 11:48 2.9m | 17:57 0.7m | - | |
| 11 Dec | 05:15 0.5m | 11:38 2.8m | 17:46 0.6m | - | 11 Jan | 00:11 2.7m | 06:06 0.6m | 12:27 2.8m | 18:37 0.7m | |
| 12 Dec | 00:01 2.7m | 05:56 0.6m | 12:19 2.7m | 18:29 0.7m | 12 Jan | 00:50 2.7m | 06:47 0.7m | 13:06 2.8m | 19:18 0.7m | |
| 13 Dec | 00:43 2.6m | 06:38 0.7m | 13:01 2.7m | 19:13 0.8m | 13 Jan | 01:31 2.6m | 07:32 0.8m | 13:48 2.7m | 20:02 0.8m | |
| 14 Dec | 01:25 2.6m | 07:23 0.8m | 13:44 2.6m | 19:59 0.8m | 14 Jan | 02:17 2.6m | 08:22 0.9m | 14:34 2.7m | 20:50 0.8m | |
| 15 Dec | 02:11 2.5m | 08:12 0.9m | 14:30 2.6m | 20:47 0.8m | 15 Jan | 03:09 2.5m | 09:16 0.9m | 15:24 2.6m | 21:43 0.8m | |
| 16 Dec | 03:01 2.5m | 09:06 0.9m | 15:19 2.6m | 21:38 0.9m | 16 Jan | 04:07 2.5m | 10:14 0.9m | 16:18 2.6m | 22:41 0.8m | |
| 17 Dec | 03:56 2.5m | 10:03 0.9m | 16:10 2.6m | 22:31 0.8m | 17 Jan | 05:07 2.6m | 11:13 0.9m | 17:17 2.7m | 23:39 0.7m | |
| 18 Dec | 04:54 2.5m | 10:59 0.9m | 17:03 2.6m | 23:24 0.8m | 18 Jan | 06:06 2.7m | 12:09 0.8m | 18:17 2.7m | - | |
| 19 Dec | 05:50 2.6m | 11:52 0.8m | 17:57 2.6m | - | 19 Jan | 00:36 0.6m | 07:02 2.9m | 13:04 0.6m | 19:16 2.9m | |
| 20 Dec | 00:17 0.7m | 06:42 2.6m | 12:43 0.7m | 18:50 2.6m | 20 Jan | 01:30 0.4m | 07:55 3.1m | 13:57 0.5m | 20:12 3.0m | |
| 21 Dec | 01:07 0.5m | 07:32 2.8m | 13:33 0.6m | 19:43 2.7m | 21 Jan | 02:22 0.3m | 08:36 3.2m | 14:50 0.3m | 21:06 3.1m | |
| 22 Dec | 01:57 0.4m | 08:21 2.9m | 14:22 0.5m | 20:35 2.9m | 22 Jan | 03:13 0.2m | 09:36 3.3m | 15:42 0.2m | 21:59 3.2m | |
| 23 Dec | 02:45 0.3m | 09:08 3.1m | 15:11 0.4m | 21:26 3.0m | 23 Jan | 04:03 0.1m | 10:27 3.4m | 16:33 0.1m | 22:50 3.3m | |
| 24 Dec | 03:33 0.2m | 09:57 3.2m | 16:01 0.3m | 22:17 3.0m | 24 Jan | 04:53 0.1m | 11:18 3.4m | 17:25 0.1m | 23:41 3.3m | |
| 25 Dec | 04:21 0.2m | 10:46 3.2m | 16:51 0.2m | 23:07 3.1m | 25 Jan | 05:44 0.2m | 12:09 3.4m | 18:16 0.2m | - | |
| 26 Dec | 05:10 0.2m | 11:36 3.2m | 17:43 0.2m | 23:58 3.0m | 26 Jan | 00:32 3.2m | 06:36 0.3m | 13:01 3.3m | 19:09 0.3m | |
| 27 Dec | 06:00 0.2m | 12:27 3.2m | 18:35 0.3m | - | 27 Jan | 01:25 3.1m | 07:31 0.4m | 13:55 3.1m | 20:03 0.4m | |
| 28 Dec | 00:50 3.0m | 06:54 0.3m | 13:21 3.1m | 19:29 0.3m | 28 Jan | 02:21 3.0m | 08:30 0.6m | 14:50 3.0m | 20:59 0.5m | |
| 29 Dec | 01:44 2.9m | 07:50 0.5m | 14:16 3.0m | 20:25 0.4m | 29 Jan | 03:20 2.9m | 09:32 0.7m | 15:47 2.9m | 21:58 0.6m | |
| 30 Dec | 02:41 2.8m | 08:51 0.6m | 15:13 2.9m | 21:23 0.5m | 30 Jan | 04:22 3.8m | 10:34 0.8m | 16:46 2.8m | 22:59 0.7m | |
| 31 Dec | 03:42 2.7m | 09:54 0.7m | 16:11 2.8m | 22:23 0.5m | 31 Jan | 05:23 2.8m | 11:34 0.8m | 17:45 2.7m | 23:58 0.7m | |

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